

## Sports Leagues

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The Del Paso Heights youth Sports League is a recreational sports league, dedicated to serving the youth of Del Paso Heights. The league is run free of charge to youth ages 5-18 and emphasizes sportsmanship, teamwork, and character development. DPHYSL is unique in that it is a non-competitive league that places a higher value on character than on wins and losses. In addition to sportsmanship the league places a high value on parent involvement and health, with the league offering parents the opportunity to support their children by being team parents or helping to run practices. We at the Del Paso Heights Youth Sports League believe that Sports leagues provide youth with a safe and structured activity, teaching teamwork and communication skills that benefit long term. The league was developed to focus on three major sports; basketball, baseball and soccer. Each sport is broken down into a three month season and serves more than 120 youth per sport. The league provides all of the coaches, referees, umpires, statisticians, facilities and full uniform attire.

Basketball

Baseball

Soccer